

[**www.wokinghamtennisclub.com**](http://www.wokinghamtennisclub.com)

**JUNIOR COACHING – AUTUMN 2019**

**Term Dates:**

**Monday – 14 weeks: 9 September – 16 December *(no coaching 28 October ½ term)***

**Tuesday – 14 weeks: 10 September – 17 December *(no coaching 29 October ½ term)***

**Thursday – 14 weeks: 12 September – 19 December *(no coaching 31 October ½ term)***

**Friday – 14 weeks: 13 September – 20 December *(no coaching 1 November ½ term)***

**Saturday – 14 weeks: 14 September – 21 December *(no coaching 2 November ½ term)***

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| **Ref** | **Session** | **Category** | **Age** | **Member Cost\*** | **Non-Member Cost\*\*** | **Book Online** |
| **262** | Mon 4.00 – 5.00pm | Red Level 1/2 **(Advanced)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/aabde110-13ce-46fa-89a6-85f6edfa17d4) |
| **263** | Mon 4.00 – 5.00pm | Red Level 3/4 **(Beginner)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/a0e735e1-02f7-4a49-a881-499480932718) |
| **264** | Mon 4.00 – 5.00pm | Orange Level 3/4 | 8-9 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/c714912a-895b-452f-b908-24e84e0250d3) |
| **265** | Mon 4.00 – 4.45pm | Tots | 3-5 yrs | £73.50 | £84.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/68818ec8-9563-4a0a-94db-4d74af0a91c1) |
| **266** | Mon 5.00 – 6.00pm | Green | 10-11 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/7d1f6f4b-2beb-462c-bd73-8aad19f51a2f) |
| **267** | Mon 5.00 – 6.30pm | Yellow Level 1/2 **(Advanced)** | 11+ yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/a00baa9b-5b0b-4827-8607-3878e79226b5) |
| **268** | Tues 4.00 – 5.00pm | Red Level 3/4 **(Beginner)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/2ee984e3-5bfe-49d3-9dc6-75bb4c7566aa) |
| **269** | Tues 5.00 – 6.00pm | Yellow **(Beginner/Intermediate)** | 11+ yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/b5f2128f-28e2-4388-8f37-51f5bf779f26) |
|  | Wed 4.30 – 6.00pm | Junior Club Session | 11+ yrs | FREE | £2 p/w | No need to book |
| **270** | Thurs 4.00 – 4.45pm | Tots | 3-5 yrs | £73.50 | £84.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/8cf4f89a-90c3-48c8-812f-55f2bbc3e1cd) |
| **271** | Thurs 4.00 – 5.00pm | Red Level 1/2 **(Advanced)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/06c2e21c-3598-4979-bdbd-a82579921e2b) |
| **272** | Thurs 4.00 – 5.00pm | Red Level 3/4 **(Beginner)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/478a8ab5-b39f-450d-9d02-13dda7b96113) |
| **273** | Thurs 5.00 – 6.00pm | Orange | 8-9 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/b8f99f67-04cd-4c0f-beab-24013c06496a) |
| **274** | Thurs 5.00 – 6.00pm | Green | 10-11 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/eda535f8-df91-4606-b210-31f89e1ed1cc) |
| **275** | Thurs 5.00 – 6.00pm | Yellow Level 1/2 **(Advanced)** | 11+ yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/96869216-9bbc-428c-8199-b3785e6f3285) |
| **276** | Thurs 6.00 – 7.00pm | Yellow Level 3/4 **(Beginner)** | 11+ yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/0a2a1a61-2cb3-4cd2-81a3-83ff85b2167e) |
| **277** | Fri 4.00 – 5.00pm | Red Level 3/4 **(Beginner)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/9fca7a0f-2e26-4eb9-a6ad-f8188a452f20) |
| **278** | Fri 4.00 – 5.00pm | Orange | 8-9 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/adb181fa-c088-4d74-ab55-0d0fe0a55b4b) |
| **279** | Fri 5.00 – 6.00pm | Red Level 3/4 **(Beginner)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/ade70cf9-c5ec-4201-8ded-cb9877448911) |
| **280** | Fri 5.00 – 6.00pm | Green | 10-11 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/fd30d206-c888-49ce-b405-6eed8c399884) |
| **281** | Sat 8.30 – 9.30am | Red Level 4 **(Beginner)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/2c7b4e2c-531b-4d09-97c8-71aff8efef3b) |
| **282** | Sat 8.45 – 9.30am | Tots | 3-5 yrs | £73.50 | £84.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/f4ee2563-6eb3-4b24-85fc-f9108300060a) |
| **283** | Sat 9.30 – 10.30am | Red Level 1/2 **(Advanced)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/10c900b0-a3e0-420f-8f23-1436eeb6d44a) |
| **284** | Sat 9.30 – 10.30am | Red Level 3/4 **(Beginner)** | 5-8 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/214f6f79-8c2d-4289-9fad-0bfd01194ff6) |
| **285** | Sat 10.30 – 11.30am | Orange | 8-9 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/61d43d8e-f8b9-4a85-8093-3a77e29d44b7) |
| **286** | Sat 10.30 – 11.30am | Green Level 3/4 | 10-11 yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/c6c6a3a5-60c3-40c6-b8c1-db6300d1cdf4) |
| **287** | Sat 11.30 – 12.30pm | Yellow **(Beginner/Intermediate)** | 11+ yrs | £98.00 | £112.00 | Click to book [**HERE**](https://clubspark.lta.org.uk/WokinghamTennisClub/BookCourse/8e8552ff-f045-4527-bfd4-699e6369f045) |

**\*To benefit from discounted junior member coaching fees, you must be a current member of the club.**

**To join as a Junior or Mini member online to take advantage of the reduced coaching fees, please visit:**

[**https://clubspark.lta.org.uk/WokinghamTennisClub/Membership/Join**](https://clubspark.lta.org.uk/WokinghamTennisClub/Membership/Join)

**Bookings will be checked by our coaching administrator to ensure that correct fee has been paid.**

**For any enquiries regarding any of these courses, please contact Dane Marshall on 07875 707 173 or email** [**wokinghamtenniscoaching@gmail.com**](mailto:wokinghamtenniscoaching@gmail.com)

**SPECIAL OFFER\*\*\***

Sign up to 2 sessions (for the same player) and

get the cheapest session **half price.**

\*\*\*The facility to book online is **not** available for this offer, please email [wokinghamtenniscoaching@gmail.com](mailto:wokinghamtenniscoaching@gmail.com)

with request to take advantage of this special offer.

**JUNIOR Coaching Programme Course Descriptions**

Mini Tennis Tots

Tots is for children aged 3 to 5 years old and enables them to learn the basics and how to enjoy the game through a series of fun activities, based on the fundamental areas of balance, co-ordination, agility, movement and racket and ball skills. The session aims to provide children with the essential skills they will need before progressing to the Mini Red age group.



3 – 5

YEARS

Mini Tennis Red **Featuring the Mini Tennis Rally Awards**

Mini Tennis Red is for players aged 8 and under. It is played on small courts with short rackets and soft balls. It’s just like the real game and gives players opportunities to have long rallies and play different types of shots.

Our Mini Red sessions are split into the following categories which are based on Mini Tennis ratings and playing level:

5 – 8

YEARS



|  |  |  |
| --- | --- | --- |
| **Mini Red R4** | **Mini Red R3/R4** | **Mini Red R1/R2** |
| The R4 sessions are for younger players who have progressed from Tots Tennis or who are new to tennis and are aimed at teaching children to serve, rally and score. Children in these sessions will be introduced to fun and friendly competition. | The R3/R4 sessions are for players who are beginning to serve, rally and score more competently and are competing more regularly. | The R1/R2 sessions are for players who compete on a regular basis, can rally consistently and have developed many of the fundamental technical/tactical components of their game at this level. |

Mini Tennis Orange **Featuring the Mini Tennis Rally Awards**

Mini Tennis Orange is a great way for players to continue their progress from Mini Tennis Red and is for players aged 8 and 9. It is played with shorter rackets, softer balls and courts are bigger and wider than the red stage but still smaller than full-size tennis courts allowing players to develop a rounded game whilst learning a range of techniques and tactics. It is the next stage before playing on a full sized court and helps players develop different shots and tactics.

Our Mini Orange sessions are split into the following categories which are based on Mini Tennis ratings and playing level:



8 - 9

YEARS

|  |
| --- |
| **Mini Orange O3/O4** |
| The O3/O4 sessions are for beginners or players progressing from Mini Tennis Red. The sessions are focused on helping to develop the technical and tactical fundamentals of the player’s game and teaching them how to serve rally and score. Once advised by their coach, O3/O4 players should be looking to compete in appropriate competitions. |



10

YEARS

Mini Tennis Green **Featuring the Mini Tennis Rally Awards**

Mini Tennis Green is a great way for players to continue their progress from Mini Tennis Orange. It is played on a full size tennis court, with bigger rackets and balls which are a little softer than yellow balls. It’s the next stage before moving on to full compression yellow balls on a full sized court and helps players develop and improve all aspects of their game.

Our Mini Green sessions are split into the following categories which are based on Mini Tennis ratings and playing level:

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| **Mini Green G3/G4** |
| The G3/G4 sessions are for beginners or players progressing from Mini Tennis Orange. The sessions are focused on helping to develop the technical and tactical fundamentals of the player’s game and teaching them how to serve rally and score. Once advised by their coach, G3/G4 players should be looking to compete in appropriate competitions. |

**Yellow Tennis**

Yellow Tennis is played on a full size court with yellow balls and junior – full sized rackets. The courses are for players aged 11+.

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| **Yellow 3/4** | **Yellow 1/2** |
| Ideal for players who have progressed through the Mini Tennis programme or are new to the game. The sessions are focused on helping to develop the technical and tactical fundamentals of the game and teaching them how to serve rally and score. Once advised by their coach, Yellow 3/4 players should be looking to compete in appropriate competition. | Aimed at players who are able to demonstrate a sound technical and tactical understanding of the game and can rally consistently to a high level. Yellow 1/2 players should be competing on a regular basis. |

**Junior Club Night (11+ years)**

This is a supervised session but no coaching is involved and is just a turn up session playing games and matches against other juniors. Club equipment will be available with access to the club house and its facilities - pool table, table tennis and TV.

The session is FREE to members or just £2 for non-members, so bring your friends.

For any further information call Dane Marshall 07875 707 173

or email wokinghamtenniscoaching@gmail.com